

## RETINA HEALTH INFORMED CONSENT

Drs. Wilda and Bolay use today's most advanced technologies to provide patients with the most thorough eye health evaluations possible. Two of these technologies available at **Wilda Eye Care** are the **MACULAR PIGMENT OPTICAL DENSITY (MPOD)** and the **OPTICAL COHERENCE TOMOGRAPHY (OCT)**. The MPOD gives a measurement of the amount of pigment in the macula to help determine the risk of developing Macular Degeneration. The **OPTICAL COHERENCE TOMOGRAPHY (OCT)** is a non-invasive imaging test that uses light waves to take cross-section pictures of your retina, the light-sensitive tissue lining the back of the eye. It provides very detailed digital images of your Optic Nerve, Macula and Retina in both 2D and 3D views.

The combination of both tests will allow us to detect certain eye health problems at the earliest stages, often years before a patient would be aware something was wrong with their vision. Detecting potentially blinding diseases in the earliest possible stages always provides the best chance for preventing permanent vision loss.

With the **MPOD** and **OCT** we will be able to more accurately and efficiently evaluate you for:

- Macular Degeneration
- Glaucoma
- Retina Detachments
- Retina Melanomas and other eye cancers
- Diabetic Eye Disease
- Complications from High Blood Pressure
- Optic Nerve Diseases
- Complications from High Cholesterol

The **MPOD** takes a few minutes while you look at a dot and press a button when you see the dot flicker. The **OCT** is a few quick camera flashes that take seconds. We strongly recommend all patients have the images taken at each year's exam, providing the most thorough eye health evaluation available.

The **OCT** may be covered by most major health insurance plans if we detect one of the above conditions. If we are unable to bill your insurance for the **MPOD** and **OCT** images, the combined fee for both is \$40.

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Signature

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Date